

Advanced Training in Team Coaching with optional ICF Accreditation including Systemic Mapping & Nature Connection

Two 4.25-day in-person residentials, two online practice sessions & online supervision

(dates are spread over approximately 5 months and are given in the accompanying email)



In this exciting new programme we learn about the Creative Facilitation of Team & Group Coaching, including:

- The hidden nature of group dynamics
- The potentially positive power of groups
- The potent competencies of team & group coaching which enable us to explore complex group dynamics & roles in order to help group members to align & co-create as one dynamic whole

We develop our skills in specific creative methodologies including:

- **Systemic Mapping and Constellations**
- **Connecting group members to nature** (by using both Joanna Macy's work That Reconnects & shamanic models of Earth Wisdom)
- **ICF Team Coaching Competencies & requirements for ICF accreditation** as team coach are covered



We develop the skills of creative facilitation & team coaching through active practice of the following aspects of the programme:

- Through the formal coaching of teams
- Through the power of systemic mapping and constellations
- Through the joy of connecting teams and team members to nature and the wider levels or the context of the system



Thus, we learn the advanced creative facilitation skills we need to meet all the challenges encountered in facilitating complex, interesting real-life situations in teams & beyond.

At the same time, we can tailor the course to **prioritise** the particular skills & directions we ourselves want to specialise in, including:

- Formal Team Coaching
- Systemic Mapping and Constellations
- Connection to Nature & the Wider Field or
- An integration of all the above



In summary, the Advanced Training in Creative Facilitation & Team Coaching consists of:

- 2 In-Person Residentials of 4.25 days each – see email for doodle poll to finalise dates
- 2 Online Practice Days – dates to be negotiated with participants as soon as participants sign up for the course
- 2 Online sessions of Embodied Systemic Supervision – to help us improve our practice as Team Coaches, Creative Facilitators and Co-creative Leaders.

In the first 4.25-day residential, we explore:

- Definitions of Teams & Groups
- Stages of Teams and group Development
- Launching and Nurturing a new group or team
- A fantastic model of Team Coaching by Peter Hawkins
- 2 radically different views of Group Process & Group Dynamics (linear & complex)
- 8 brilliant ICF Team Coaching Competencies which enable us to decipher the unconscious dynamics of groups; so as to help group members to align & co-create as one unified whole
- Specific, creative group interventions & how to integrate them into our group work such as group sculpting, systemic mapping or constellations
- The exciting challenge of designing our own group interventions & sharing them with our tutors & co-participants – as well as the teams we actually work with
- The power & joy of **Nature Connection** & how to integrate Nature Connection appropriately in all the different sectors we work in
- Opportunities to lead and facilitate a group session using a technique of your choice
- Giving and receiving feedback
- the route to ICF accreditation in advanced team coaching

In the second 4.25 day residential, we will encounter:

- Further opportunities to design & practice specific creative group interventions, including Group Sculpting, Systemic Mapping, Constellations & Nature Connection
- Thus, illustrating how we have listened to & acted upon the feedback we previously received, ensuring our learning is continuous & progressive
- More on Stages of Group and Team Development
- Guidance on how to handle the mature and ending stages of a Team or Group
- Free choice of the specific type of creative facilitation or team coaching we wish to specialise in & demonstrate to the group & tutors
- Further development of the interventions of our choice to take our learning in the direction of the work that most inspires us, or meets the agenda of the team leaders & organisations we are working with

In addition, the course includes:

- 5 hours of Online Embodied Systemic Supervision to help you be even more effective & creative in your group & team work (dates to be negotiated with the participants)
- The Evaluation of the team & group work you share with tutors & co-participants during the residentials
- 2 or 3 Online Practice Sessions – dates to be negotiated with participants – halfway between the two in-person residentials
- A route to ICF Accreditation in Advanced Team Coaching

Trainers are drawn from our group of associated specialists including:

- **Peter Hawkins:** Peter is a leading consultant, writer & researcher in leadership & leadership development & a thought leader in executive coaching, team coaching & coaching supervision
- **Louise Cox Chester:** Louise is a purpose-led leader & renowned expert in enabling Inner Game Leadership to power outstanding Outer Game results
- **Andy Raingold:** Andy is a coach, facilitator, speaker & social entrepreneur who inspires transformation & supports people to grow their capacity to catalyse meaningful change in the world
- **Frosina Ristovska:** Frosina is an ICF PCC Coach, Trainer, Mentor, ICF Coach Assessor, EAGT & EAP Psychotherapist, Supervisor, MSc Psychologist
- **Meredith Freeman:** Meredith completed the ICF credentialing process in 2017 & in 2021 completed the inspirational Intuitive Coach training programme. Following that she reached 500+ coaching hours & became a Professional Credentialed Coach (PCC)
- **Tracey MacEachran** has an extensive experience in senior leadership roles and more recently, as a behavioural change and talent development expert.
- **Jenny Mackewn** is a coach, facilitator, catalyst and co-creative leader working with systemic mapping, constellations and nature connection in commercial, public and voluntary sectors. She originated and runs the wellknown programme – Co-Creating the Emerging Future.

Course Fees



Our aim is to make this course accessible to those who want or need it. See next page and accompanying email

To find out more or to Book Your Place

- We want people to understand our lively and interactive course
- **We want people to be able to access this course.** So we operate a sliding scale, offer generous terms, payments by instalments, partial work exchange, discounts etc. Please see accompanying email & speak to Jenny about details **07887 636918**
- To make this innovative programme fly, we will give a 10% discount to anyone who is able to pay the deposit of preferably £300 by **end May 2026**.
- Once you have discussed arrangements for payment (& any work exchange or discount) with Jenny:
 - Please email my assistant, Sonja Francis, at p5vsf@yahoo.com to book your place & please cc jennymac@netgates.co.uk
 - Please tell Sonja any special payment arrangements you make with Jenny (including any work exchange or discount)



Want to know more or have queries?

Call me to ask any questions or have a conversation with me about any of this

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